



CANNABIS HEALTH NEWS

ISSUE THREE | FEBRUARY 2024

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Decoding the Munchie Mystery: Cannabis Connection

Research suggests specific hunger neurons activate in the brain after cannabis ingestion.

When it comes to cannabis, one of the most well-known side effects is the infamous "munchies," a sudden, insatiable craving for food. But what exactly triggers these cravings? A Washington State University (WSU) study may have some answers.

The study exposed mice to cannabis vapor and tracked changes in neuron activity using imaging technology similar to an MRI. The results showed Cannabis directly affecting the "Hunger" neurons in the brain. AgRP neurons (hunger neurons), which previously were thought to only be triggered when hormone levels indicate an individual should eat or through external cues that trigger the neurons.

Picture the active ingredient in Cannabis, THC as a mischievous maestro in the brain's hunger

symphony. This psychoactive compound in cannabis triggers an intriguing chain of events in the brain, particularly in the hypothalamus - in essence where the hunger neurons live. As THC cozies up to the CBI receptors of our endocannabinoid system, it essentially flips a switch, sparking an insatiable desire to eat. This isn't just a subtle hint of hunger; THC makes the brain firmly believe it's starving, no matter how much you've just indulged. And voila, that's how the munchies make their star appearance!

What wasn't included in the study was the release of dopamine, a neurotransmitter synonymous with pleasure. This release allows the amplification of senses making the mundane pizza slice an irresistible and delectable treat.

Resources: news.wsu.edu, marijuanamoment.net, ncbi.nlm.nih.gov



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GREEN ON YOUR GREEN



\$99 Oz

Genesis Farms - Pineapple Express, Oreoz & Ice Cream Cake

\$125 Oz

From the Hills - Crescendo, Acapulco Gold, Time Trip & Jack Herer

Dakota Green - Booberry Cookies & Clementine

Genesis Farms - Kush Berry

\$200 Oz

Dakota Green - Hell's Fire, Blue Cookies & Sour Plums

From the Hills - Dakota Kookies

\$200 MIX AND MATCH Oz

Dakota Natural Solutions - Lilac Diesel, Cali Mints, Eyescream

Bananas, Legend Haze & Passion Pit

What's New!

Cannabis Health is always bringing in new and exciting products. Check out our latest additions!

Dakota Nature Solutions - Premium Cannabis Live Rosin Tincture. This safe alternative to traditional smoking offers a higher THC content and is easier on the lungs when compared to a more traditional approach to cannabis. The process of extraction using live rosin offers a more complex flavor profile.

Dakota Green | Sour Chem D also known as "Chemdog Sour Diesel," "Chemdawg Diesel," and "Chem Sour," is a sativa-dominant hybrid marijuana strain from Reservoir Seeds that combines champion genetics from Chemdog D and Sour Diesel. With a sharp sour bite, Chemdog Sour Diesel has a funky fuel and earthy pine aroma that stuns the senses. Its buzzing euphoria leaves you feeling elevated and uplifted, but anxiety-prone individuals should tread carefully with this high-flying sativa.

Additional Strains New to Cannabis Health:

- From the Hills | Super Lemon Haze | Gummies & Pre-Rolls
- From the Hills | White Devil | Jam
- From the Hills | Strawberry Diesel Cookies | Crumble
- Dakota Green | Clementine | Flower
- Dakota Green | Sour Plums | Flower
- Dakota Green | Blue Cookies | Flower

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FEBRUARY WEEKLY SPECIALS

2/1 - 2/2 Thursday - Friday	10% off Select Wax & Rosins
2/3 - 2/9 Saturday - Friday	4 for \$40 Mix and Match Select Pre-Rolls
2/10 - 2/16 Saturday - Friday	\$5 OFF Select Edibles & Gummies
2/17 - 2/23 Saturday - Friday	Select Tincture & Topicals 25% OFF
2/24 - 3/1 Saturday - Friday	20% OFF Moon Rocks

Specials subject to change, based on availability. NOT VALID WITH ANY OTHER DISCOUNTS, OFFERS, OR PROMOTIONS, WITH THE EXCEPTION OF OUR VETERAN AND SENIOR DISCOUNTS

GIVEAWAY!

1 Small Dime Bag per WEEK!



GIVEAWAY AWARDED WEEKLY ON MONDAYS THROUGH 2/24/2024 . MUST PROVIDE EMAIL OR PHONE NUMBER FOR AWARD NOTIFICATION PURPOSES.

*PICTURE for illustration purposes only.

DAILY DEALS

HAPPY HOUR! 4-6PM DAILY

15% OFF the first 1/8 oz Flower! *

WAX WEDNESDAY

\$5 OFF Select WAX - limit 2 per purchase

PRE-ROLL INTO THE WEEKEND THURSDAYS

3 PRE-ROLLS FOR \$25!*

TGIF PARTY PACK!

1 - DNS VAPE OF YOUR CHOICE
1/4 OZ DNS FLOWER
1 - DNS SELECT EDIBLE
1 - DNS SELECT GUMMIES

REGULAR PRICE - \$200-\$300
SALE PRICE - \$150!

*Select Strains, subject to change, based on availability. Ask your medical technician for details. Not valid with any other discounts, offers, or promotions, with the exception of our Veteran and Senior discounts.

STAY TUNED FOR SOCIAL GIVEAWAYS IN FEBRUARY

Like, Comment or Share on Facebook or Instagram for a chance to win 1 sweet limited edition Cannabis Health t-shirt and hoodie!

