

Cannabis

SATIVA

uplifting • energizing • creative

Sativa strains are known to invigorate the mind and provide more cerebral effects.

Typical aromas: citrus, pine, spice

INDICA

relaxing • calming • soothing

Indica strains are known to produce more sedative and calming effects and provide deep body relaxation.

Typical aromas: earthy, sweet, floral

HYBRID

balanced • versatile • elevating

Hybrid strains blend the phenotypes of Sativa and Indica, and their reported effects will fall along a spectrum between Sativa and Indica.

605-791-5122

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Elements

Cannabis interacts with our bodies and brains and may help create balance by working with cannabinoids and terpenes.

Terpenes

Terpenes have aromas that include pine, citrus, earthy, cloves, woody, lavender, spicy, mint, basil and many others.

Terpenes influence psychoactive effects creating an entourage effect.

Please request a terpene wheel from your Medical Technician today to learn more.

Cannabinoids

Endocannabinoids are produced in our bodies naturally and cannabinoids are a key component of each cannabis plant.

There are over 100 cannabinoids including THC, CBD that binds to receptors in our bodies and brain working together to create the entourage effect (synergistic/full spectrum).

Strains

Indica and Sativa are the two types of cannabis and many species have been bred together to create a genetic profile

from the Indica and Sativa parents. Indica is known to produce a more calming effect. Sativa is known to produce more cerebral effects. Hybrid is known to produce a mix of both Indica and Sativa depending on which is dominant for the plant.

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Terpenes

ALPHA-PINENE, BETA-PINENE



Aroma: piney

Benefits: antiseptic, respiratory

Effects: memory, alert

Found in: basil, dill, parsley, pine needles, rosemary

BISABOLOL



Aroma: floral

Benefits: analgesic, antibiotic, anti-cancer, anti-inflammatory

Effects: antioxidant, calming

Found in: chamomile, eremanthus erythropappus

CARYOPHYLLENE



Aroma: woody

Benefits: anti-inflammatory, anti-bacterial, anti-microbial, anti-cancer, anti-oxidant, brain health, alcohol dependence, digestive health

Effects: enhanced effects for inflammation and pain

Found in: black pepper, cloves, cotton

GERANIOL



Aroma: floral

Benefits: anti-bacteria, anti-fungal, anti-proliferative, antioxidant

Effects: stress relief, inspiring

Found in: citronella, palmarosa, rose

HUMULENE



Aroma: earthy

Benefits: analgesic, antibacterial, anti-inflammatory

Effects: appetite control, pain relief

Found in: coriander, ginseng, hops, sage

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More Terpenes

LIMONENE



Aroma: citrus

Benefits: antibacterial, anti-carcinogenic, depression, gastrointestinal concerns, heartburn, melts gallstones, mood enhancer

Effects: relieves stress, uplifting mood

Found in: fruit rinds, juniper, peppermint, rosemary

LINALOOL



Aroma: candy

Benefits: anti-acne, anti-anxiety, anti-convulsant, anti-depressant

Effects: anxiety, relief, sedation

Found in: basil, coriander, lavender, oranges, peppermint, rosewood, thyme

MYRCENE



Aroma: cloves

Benefits: anti-carcinogenic, antioxidant, decrease, inflammation, depression, muscle tension, sleep disturbances,

Effects: analgesic, anti-inflammatory, relaxing

Found in: hops, lemongrass, mango, thyme

OCIMENE



Aroma: sweet

Benefits: antifungal, anti-inflammatory, antiviral

Effects: antifungal, antibacterial, antioxidant, arthritis, improve sleep quality, muscle injury, respiratory benefits, wound healing

Found in: basil, bergamot, flowers, fruits, lavender, mango, mint, orchid pepper

TERPINOLENE



Aroma: pine

Benefits: antibacterial, anti-cancer, antifungal, antioxidant

Effects: relaxing

Found in: apple, cumin, lilac, nutmeg, rosemary, tea tree

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Up in Smoke

Concentrates and flower can be inhaled. Concentrates can offer convenience while flower remains the most popular form of consumption known for its rapid effect.

Flower

Flower is available in Indica, Sativa, and Hybrid. Hybrid was created by mixing Indica and Sativa together. Consuming flower can be accomplished in pre-rolls, vaporizers, and glass pipes. Effected from vaporizing of smoking have a quick onset and can last for up to a couple of hours. Each of our flowers are tested for contaminants and potency.

Concentrates

Concentrates are comprised of terpenes and cannabinoids extracted from flower offering a stronger effect than traditional flower. Concentrates are available in various flavors and consistency. All of our products are tested to ensure you have a positive experience.

Dabbing Concentrates

Dabbing concentrates includes taking a small amount of material (badder, budder, crumble, wax, shatter, hash) into a device and heating to create a vapor. You can choose an dab rig, e-nail or a more compact device.

Vaporizing

Vaporizing is accomplished by heating causing terpenes and cannabinoids to be inhaled. The oil in the cartridge is absent of plant material. Vaporizing can be accomplished with flower and concentrates and most terpenes vaporize along with THC.

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Smokeless Options

Edibles

Contemporary edibles contain precise doses and many ingredients offering variety and taste. Edibles are made in many forms including gummies, chocolate, and cookies.

Cannabis can be infused in the form of distillate, oil, or butter. Each of our edibles are tested for purity and potency.

An edible can have lasting effects of up to six hours. Effects are not immediate so always go slow and wait up to four hours to take full effect depending on your body's response.

Topicals

Topicals are known for helping relax the body and are absent of any psychoactive effects common with edibles, flower, or concentrates. Topicals are most often found in lotion or balms. Cannabis can be infused with distillate or oil. Topicals are most likely to avoid the bloodstream and do not produce a "high".

Tinctures

Tinctures are cannabis oil suspended in either ethyl alcohol or MCT oil as the carrier. Some prefer using a tincture because it is easy to consume. This method is often quicker to absorb because it is most often placed below the tongue or can be added to any food or beverage.

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